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|  | CONTACT INFO.6 Titus StreetHalifax, NSB3N 2Y7902.443.9569 Ext 0 PHONE902.431.2000 FAXinfo@ffcns.ca EMAIL[www.ffcns.ca](http://www.ffcns.ca) WEBSITE Fairview Family Centre – Community HUB@FairviewFRC |  |
|  **ONSITE RESOURCES:*** WIFI
* Hospital grade breast pump lending program
* Bus tickets to and form the centre
* Phone
* Sewing Machines
* Books
* Emergency clothing and food

 |  |  Fairview Family CentreName**FAIRVIEW** **FAMILY****CENTRE**Providing a variety of FREE programs, resources and support since 1986.CHARITY NUMBER 85515 9083 RR0001**HOURS****9:00 - 4:30 Monday – Thursday** **8:30 – 4:00 Friday** |
|  |  | **CHARITY NUMBER # 85515 9083 RR 0001** |

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| PROGRAMS:Programs vary monthly. Some of the programs include:* Weekly adult and senior café
* Monthly community meal
* PARENTING JOURNEY (a program for families with dependents birth – 19 years, providing in home support to meet your needs
* Pre-school program for ages 2-5 (Little Learners)
* Weekly family play group
* Weekly new parent support group
* Weekly drop and shop
* Weekly women’s yoga
* Summer youth programs
* Drop in
* Parenting courses
* Mental health and wellness programs
* Public health nurse (twice a month)
* Much more………
 | Partners:* NS Legal Aid
* Community Health Team
* Canada Games Centre
* And many more…

SERVICES:* One on one skill development

appointments (resume help, help with forms, advocacy, volunteer opportunities, housing help and more.Book an appointment.* Advocacy
* Referrals
* Crisis intervention
* Translators as needed
 | TESTiMONIALS:*"This is a great place and great people implementing the programs. The programs keep me connected to the resources I need.”**"This centre has changed my life, knowing where to go when I need support.” "I feel the Parenting Journey Program made me feel hope in being a good father. “**“The staff is so welcoming and I never feel judged. They are like family.”* *"I was able to have a support system in place for my children and my family. Without your program I am truly not sure where I would be and where I would turn to. “* |