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|  | CONTACT INFO. 6 Titus Street  Halifax, NS  B3N 2Y7  902.443.9569 Ext 0 PHONE  902.431.2000 FAX  [info@ffcns.ca](mailto:info@ffcns.ca) EMAIL  [www.ffcns.ca](http://www.ffcns.ca) WEBSITE  Fairview Family Centre – Community HUB  @FairviewFRC |  |
| **ONSITE RESOURCES:**   * WIFI * Hospital grade breast pump lending program * Bus tickets to and form the centre * Phone * Sewing Machines * Books * Emergency clothing and food |  | Fairview Family Centre  Name  **FAIRVIEW**  **FAMILY**  **CENTRE** Providing a variety of FREE programs, resources and support since 1986. CHARITY NUMBER 85515 9083 RR0001  **HOURS**  **9:00 - 4:30 Monday – Thursday**  **8:30 – 4:00 Friday** |
|  |  | **CHARITY NUMBER # 85515 9083 RR 0001** |

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| PROGRAMS: Programs vary monthly. Some of the programs include:   * Weekly adult and senior café * Monthly community meal * PARENTING JOURNEY (a program for families with dependents birth – 19 years, providing in home support to meet your needs * Pre-school program for ages 2-5 (Little Learners) * Weekly family play group * Weekly new parent support group * Weekly drop and shop * Weekly women’s yoga * Summer youth programs * Drop in * Parenting courses * Mental health and wellness programs * Public health nurse (twice a month) * Much more……… | Partners:  * NS Legal Aid * Community Health Team * Canada Games Centre * And many more…    SERVICES:  * One on one skill development   appointments (resume help, help with forms, advocacy, volunteer opportunities, housing help and more.  Book an appointment.   * Advocacy * Referrals * Crisis intervention * Translators as needed | TESTiMONIALS: *"This is a great place and great people implementing the programs. The programs keep me connected to the resources I need.”*  *"This centre has changed my life, knowing where to go when I need support.”  "I feel the Parenting Journey Program made me feel hope in being a good father. “*  *“The staff is so welcoming and I never feel judged. They are like family.”*  *"I was able to have a support system in place for my children and my family. Without your program I am truly not sure where I would be and where I would turn to. “* |