**March Registration:**

Registration for March programming begins on **Friday, February 23rd @ 9:30 am** in person or via phone. If you are registered for a program and cannot come, please call ASAP as we have a waiting list for most programs.

**\*\*Please note our centre will be closed on Monday, February 19th for Nova Scotia Heritage Day\*\***

**New Parents Group:**

Our New Parents Group meets on **Thursday afternoons from 1:30-3pm. Public Health is also available during this time on the 1st and 3rd Thursday of the month.**

**Infant Massage:**

Our first session of Infant Massage will be ending on Thursday February 8th.

This program is a great way to bond with your baby and offers many benefits. We will begin the second session Thursday, February 15th. Registration is required. Please speak to Naime for more information.

**Monday Playgroup:**

Join us on Monday’s from 9:30-11:30am for our parent/caregiver and child playgroup. Children 0-5 years old are welcome and no registration is required!

**Themes for February:**

* **Monday, Feb. 5: Dental Health**
* **Monday, Feb.12: Valentine’s Day**
* **Monday, Feb. 26: Free Play**

**\*Please note there will be no Monday program on Monday February 19th due to holiday.**

**Beginner’s Pre-school:**

Beginner’s Preschool is for children 2-5 years in the upstairs classroom. It takes place on Monday and Tuesday afternoons and Tuesday and Thursday mornings. Registration is required

every 3 months. There are open spots for the next session currently available to those who were not in the November-January session. Please call for more information or to register.

**My Child is Anxious, Should I Worry?**

This 2 session program will help you to learn how to identify early signs of anxious feelings in your children and skills to help them manage everyday anxiety. For parents of children 0-12 years old. Registration is required and childcare is available. Please speak to Deborah for more information.

**Free onsite resources and equipment for borrowing:**

***Each day that we are open we provide a variety of resources and equipment for parents to utilize while onsite.***

**\*Laptop and Internet Access**

**\*Sewing Machines**

**\*Parents’ and Children’s Lending Libraries**

**\*Clothing Box**

**\*Breast Pump (Available for short term offsite borrowing)**

**\*Newspaper**

**\*Advocacy & Referrals**

**\*Coffee and Tea on Tuesday and Thursday am**

**\*Phone**

**February 2018 Calendar**

**Fairview Family Centre**

***Providing programs, resources and support to all family members!***

**6 Titus Street Halifax NS B3N 2Y7**

**Phone #: 902-443-9569 Fax #: 902-431-2000**

**Website:** [**www.FFCNS.ca**](http://www.FFCNS.ca)

**Email:** [**info@FFCNS.ca**](mailto:info@FFCNS.ca)

**Twitter: @FairviewFRC**

**FaceBook: Fairview Family Centre -Community Hub**

**Hours of Operation:**

We are open Monday to Thursday from 9:00 am to 4:30 pm and Friday 8:30am-4:00pm.

\*\*Please note when HRSB schools are closed due to inclement weather, our centre will be closed as well.

Who’s who?:

**Executive Director:** Natalie Brown MSW, RSW

**Program Manager:** Deborah Marriott

**Resource Worker:** Ruth Power-Byrne

**Family Education Coordinator:** Naime Mert BA, B.Ed

**Parenting Journey Home Visitor:** Rebecca Gilligan, BA

**Program Facilitators:** Public Health Nurses, Community Health Team, IWK, CDHA, Asma Ibrahim & many more

**Volunteers:** Nikki Webb

**MSVU Student:** Brittany DeSilva

**J.L. Ilsley Student:** Emily Brookes

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| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |  | **Open for drop in 9:00am-4:30pm** | **1**  \*Beginners Preschool AM session 9:30-11:30 am  *Community Drop In 9:30-11:30am*  **New Parents Time & Public Health drop in clinic 1:30-3:00pm**  **\*Infant Massage Session 1 1:30-3:00pm** | **2**  **YOGA (Church Hall) 10am – 11 am**  **\*My Child is Anxious, Should I worry? 10am-12pm** |
| **5**  Monday Playgroup 9:30-11:30 am  \*Beginners Preschool PM session 12:45-2:30 pm | **6**  \*Beginners Preschool AM session 9:30-11:30am  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM session 12:45-2:30 pm | **7**  **\*Sewing 9:30-11:30am**  **Open for drop in 9:00am-4:30pm**  **Roots of Empathy @ Duc D’anville Elementary** | **8**  \*Beginners Preschool AM session 9:30-11:30 AM  *Community Drop In 9:30-11:30am*  **New Parents Time 1:30-3:00pm**  **\*Infant Massage Session 1 1:30-3:00pm** | **9**  **YOGA (Church Hall) 10am – 11 am**  **\*My Child is Anxious, Should I worry? 10am-12pm** |
| **12**  Monday Playgroup 9:30-11:30 am  \*Beginners Preschool PM session 12:45-2:30 pm | **13**  \*Beginners Preschool AM session 9:30-11:30 am  *Community Drop In 9:30-11:30am*  Parent Advisory Meeting/Resiliency Info. Session 10am  \*Beginners Preschool PM session 12:45-2:30 pm | **14**  **Open for drop in 9:00am-4:30pm**  **Roots of Empathy @ Duc D’anville Elementary**  **Community Event/ Meal 1-3pm** | **15**  \*Beginners Preschool AM session 9:30-11:30 am  *Community Drop In 9:30-11:30am*  **New Parents Time, Public Health drop in clinic 1:30-3:00pm**  **\*Infant Massage Session 2 1:30-3:00pm** | **16**  **YOGA (Church Hall) 10am – 11 am**  **\*Parent Time Out 9am-12pm** |
| **19**  **CENTRE CLOSED** | **20**  \*Beginners Preschool AM session 9:30-11:30am  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM session 12:45-2:30pm | **21**    **Open for drop in 9:00am-4:30pm**  **Roots of Empathy @ Duc D’anville Elementary** | **22**  \*Beginners Preschool AM session 9:30-11:30 am  *Community Drop In 9:30-11:30am*  **New Parents Time & Hot Lunch 1:30-3:00pm**  **\*Infant Massage Session 2 1:30-3:00pm** | **23**  **YOGA (Church Hall) 10am -11 am**  **REGISTRATION FOR MARCH PROGARMMING BEGINS @ 9:30AM IN PERSON OR VIA PHONE** |
| **26**  Monday Playgroup 9:30-11:30 am  \*Beginners Preschool PM session 12:45-2:30 pm | **27**  \*Beginners Preschool AM session 9:30-11:30am  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM session 12:45-2:30 pm | **28**  **\*Sewing 9:30-11:30am**  **Open for drop in 9:00am-4:30pm** | **Visit Us:**  **6 Titus St.,**  **Halifax, NS**  **B3N 2Y7**  **Call Us: 902-443-9569**  **Fax: 902-431-2000** | ***Email:*** [***info@FFCNS.ca***](mailto:info@FFCNS.ca)  ***Website:*** [***www.FFCNS.ca***](http://www.FFCNS.ca)  **Facebook: Fairview Family Centre-Community Hub**  **Twitter@fairviewFRC** |