**May Registration:**

Registration for May programming begins on Friday, April 28 @ 9:30 am in person or via phone. If you are registered for a program and cannot come, please call ASAP as we have a waiting list for most programs.

**New Parents Group:**

Our New Parents Group meets on **Thursday afternoons from 1:30-3pm. Public Health will continue to be available during this time on the 1st and 3rd Thursday of the month.**

We will be having our hot lunch on April 13, which will be a White Bean soup, rice and chocolate pudding.

**Monday Playgroup:**

Join us on Monday’s from 9:30-11:30am for our parent/caregiver and child playgroup. Children 0-5 years old are welcome and no registration is required!

**Themes for April:**

* Monday, April 3: Kites
* Monday, April 10: Easter
* Monday, April 24: Free Play

**Beginner’s Pre-school:**

Beginner’s Preschool is for children 2-5 years in the upstairs classroom. It takes place on Monday and Tuesday afternoons and Tuesday and Thursday mornings. Registration is required every 3 months. Those who were on the waiting list for the January – March session will be contacted first for April spots.

**Food & Mood:**

Have you ever thought about the relationship between what you eat and how you feel? Join us to explore how healthy eating can support mental well-being. This workshop will be facilitated by the Community Health Team on Friday, April 21 from 10:00am-12:00pm. Registration is required.

**Parenting Journey:**

Parenting Journey is a home visitation based support program for families with children between the age of 3 and 16 years old. Support is available even if your child/youth is currently residing outside the home or with you part time. Please contact Rebecca at 902-443-9569, Ext. 6 for more information.

**Free onsite resources and equipment for borrowing:**

***Each day that we are open we provide a variety of resources and equipment for parents to utilize while onsite.***

**\*Laptop and Internet Access**

**\*Sewing Machines**

**\*Parents’ and Children’s Lending Libraries**

**\*Clothing Box**

**\*Breast Pump (Available for short term offsite borrowing)**

**\*Newspaper**

**\*Advocacy & Referrals**

**\*Coffee and Tea on Tuesday and Thursday am**

**\*Phone**

**April 2017 Calendar**

**Fairview Family Centre**

***Providing programs, resources and support to all family members!***

**6 Titus Street Halifax NS B3N 2Y7**

**Phone #: 902-443-9569 Fax #: 902-431-2000**

**Website:** [**www.FFCNS.ca**](http://www.FFCNS.ca)

**Email:** [**info@FFCNS.ca**](mailto:info@FFCNS.ca)

**Twitter: @FairviewFRC**

**FaceBook: Fairview Family Centre -Community Hub**

**Hours of Operation:**

We are open weekdays from 9:00 am to 4:30 pm.

\*\*Please note when HRSB schools are closed due to inclement weather, our centre will be closed as well.

Who’s who?:

**Executive Director:** Natalie Brown MSW, RSW

**Program Manager:** Deborah Marriott

**Resource Worker:** Ruth Power-Byrne

**Family Education Coordinator:** Naime Mert BA, B.Ed

**Parenting Journey Home Visitor:** Rebecca Gilligan, BA

**Program Assistant:** Maheder Gebreyesus, BA

**Child Development:** Anna Cottingham, ECE

**Program Facilitators:** Public Health Nurses, Community Health Team, IWK, CDHA & many more

**Volunteers:** Nikki Webb

**Student:** Kiara Sexton, J.L. Ilsley High School

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| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **3**  Monday Playgroup 9:30-11:30  \*Beginners Preschool PM 12:45-2:30 | **4**  \*Beginners Preschool AM 9:30-11:30pm  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM 12:45-2:30 | **5**  **STAFF TRAINING**  Pre-Primary 12:15-3:00pm | **6**  \*Beginners Preschool AM 9:30-11:30  *Community Drop In 9:30-11:30am*  **New Parents Time & Public Health 1:30-3:00pm** | **7**  **YOGA (Church Hall) 10am**  **\*Parent Time Out 9am-12pm**  Pre-Primary 12:15-3:00pm |
| 10  Monday Playgroup 9:30-11:30  \*Beginners Preschool PM 12:45-2:30 | **11**  \*Beginners Preschool AM 9:30-11:30pm  *Community Drop In 9:30-11:30am*  ***Parent Advisory 10am***  \*Beginners Preschool PM 12:45-2:30 | **12**  **STAFF TRAINING**  Pre-Primary 12:15-3:00pm | **13**  \*Beginners Preschool AM 9:30-11:30  *Community Drop In 9:30-11:30am*  **Women’s Sewing Group 9:30-11:30**  **New Parents Time 1:30-3:00pm** | **14**  **CLOSED - HOLIDAY** |
| **17**  **CLOSED - HOLIDAY** | **18**  \*Beginners Preschool AM 9:30-11:30pm  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM 12:45-2:30 | **19**  Pre-Primary 12:15-3:00pm | **20**  \*Beginners Preschool AM 9:30-11:30  *Community Drop In 9:30-11:30am*  **Bread Making 10am**  **New Parents Time & Public Health 1:30-3:00pm** | **21**  **YOGA (Church Hall) 10am**  **\*Food & Mood 10am-12pm**  Pre-Primary 12:15-3:00pm |
| **24**  Monday Playgroup 9:30-11:30  \*Beginners Preschool PM 12:45-2:30  \*Legal aid 2-4pm | **25**  \*Beginners Preschool AM 9:30-11:30pm  *Community Drop In 9:30-11:30am*  \*Beginners Preschool PM 12:45-2:30 | **26**  Pre-Primary 12:15-3:00pm | **27**  \*Beginners Preschool AM 9:30-11:30  *Community Drop In 9:30-11:30am*  **Women’s Sewing Group 9:30-11:30**  **New Parents Time 1:30-3:00pm** | **28**  **YOGA (Church Hall) 10am**  Pre-Primary 12:15-3:00pm  **REGISTRATION FOR MAY PROGARMMING BEGINS @ 9:30AM IN PERSON OR VIA PHONE** |
| **\*INDICATES REGISTRATION REQUIRED** | **Visit Us:**  **6 Titus St.,**  **Halifax, NS**  **B3N 2Y7**  **Call Us: 902-443-9569**  **Fax: 902-431-2000** | **Facebook: Fairview Family Centre-Community Hub** | **Twitter@fairviewFRC** | ***Email:*** [***info@FFCNS.ca***](mailto:info@FFCNS.ca)  ***Website:*** [***www.FFCNS.ca***](http://www.FFCNS.ca) |

**FAIRVIEW FAMILY CENTRE APRIL 2017**