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| **What is Parenting Journey?** Established in 2008, Parenting Journey is a home visitation program that provides support for families experiencing social, emotional and familial challenges that may impact overall family functioning, parent-child/teen relationships and the well-being and development of children/teens and families.  The program provides support to families in the following areas:   * **Child/Teen well-being and development** * **Parenting Support** * **Family Life Management** * **Community Connections** * **Referrals/Advocacy** * **Advocacy** * **Child/Teen relationships** * **Child/Teen behavior** * **Transition Support** |  |  | |  | | --- | | About Parenting Journey: The Fairview – Clayton Park Parenting Journey Program is a **FREE**, support program for families with children and teens from **BIRTH to 19 years old**. If you do not live in Fairview – Clayton Park we can put you in touch with a Parenting Journey Program closer to your area.  **Support is available even if your child/teen is currently residing outside the home or not with you full time.**  The program is not affiliated with any other government programs and families enter the program on a self-referral basis. Visits are based on your wants and needs and you may enter or withdraw from the program at any time. All information shared within the program is confidential.  **Contact Us:**  **Phone: 902-443-9569, Ext. 6**  **Cell: 902-818-0034 Call or Text**  **Home Visitor: Rebecca Gilligan Email:** [**rgilligan@ffcns.ca**](mailto:rgilligan@ffcns.ca) | | |  |  |  | | --- | --- | --- | |  |  | Parenting journey program  Fairview United Family Resource Centre  6 Titus St., Halifax NS B3N 2Y7 | | |  |  | |  | | --- | | Fairview United Family Resource Centre | | **Fairview-Clayton park**  **Parenting**  **Journey**  **Program**  ***Home Based Support*** | | **Fairview United Family Resource Centre** | |

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| **The Parenting Journey Home Visitor can:**  * Meet with you and your child/teen in your home or wherever your comfortable * Work one on one with your child/teen * Connect you with other community resources * Make referrals and/or advocate on your behalf with other organizations or services * Provide transportation for appointments/meetings etc. * Attend appointments with you as a support person (i.e. School, Counselling, Medical, Legal, Food Bank etc.) * Assist you in creating a family plan and goal setting by identifying strengths, supports and challenges * Arrange translators if needed * Offer Parenting Programs and support one on one * Provide support during transitions |  |  | During Your First Visit:  Your first visit may take place at the Fairview United Family Resource Centre or in your home. The purpose of the initial visit is to meet and learn more about your family’s needs and how the Parenting Journey program can provide support.  Your Parenting Journey home visitor will explain their role, review and discuss confidentiality and complete any necessary paperwork.  If you decide that the program is right for you another visit will be scheduled at this time. |  |  | Need help after hours? See below.  **\*Emergency (Medical/Police/Fire)-911**  **\*Medical advice (Non-Urgent) – 811**  **\*Community resources/services -211**  **\*Police (Non-Emergency) (902)490-5020**  **\*Mental Health and Addictions Mobile Crisis Team (24 hr assistance) – (902)429-8167**  **\*Kids Help Phone – 1-800-668-6868**  **\*Metro Housing (24 hr assistance) – 902-420-6000** |